

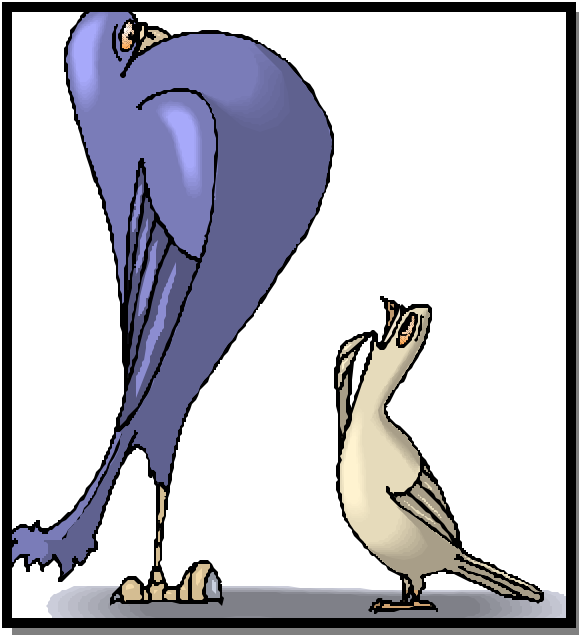
Safe
Workplace

AIMHI EDUCATIONAL PROGRAMS

Caring
Community

Managing Aggression in the Workplace: How to deal with the anger and the difficult people

- Have you ever walked away from a situation with a gut feeling that something was wrong, but you couldn't put your finger on it?
- Are you the victim of workplace aggression? How about adult bullies? Do you struggle with this issue?



- In this dynamic, interactive workshop, you will:
- Gain an understanding of what workplace aggression and adult bullying are.
- Learn some action 'thoughts' and techniques to address the problem.
- Learn concrete comebacks that allow you to 'keep your power' without escalating conflict.

*This is a 2 –3 hour workshop

Program costs:

Costs are determined on an individual basis.

Contact information:

To schedule a consultation/ training or for more information, telephone 210-473-2863 from 7:00 a.m. EST through 8:00 p.m, EST, Monday through Friday . Fax: 210-473-2863.

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