

# Practical Application

## CURRICULUM -- AT SCHOOL

- Give children vocabulary for their emotions.
- Use music to teach concepts of peace, co-operation, and sharing.
- Use children's literature as a tool for exploring emotions and understanding conflict.
- Role-play to practice conflict resolution techniques.
- Put on puppet shows to act out conflict situations.



# Practical Application

## AT SCHOOL AND AT HOME

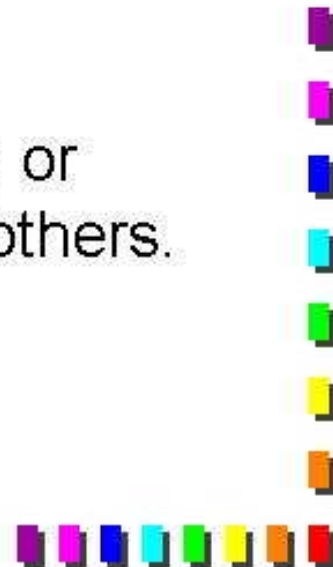
- Take the time to discuss with children, at a level they can understand, the effect TV shows have on them.
- Minimize the negative impact of cliques.
- Help children to focus on their own behavior, emotions and conflicts rather than on the behavior of others.
- Involve children in the rule making process.



# Practical Application

## EMOTIONS, DISCIPLINE AND THE GROWTH OF EMPATHY

- Encourage and reinforce empathy.
- Give children vocabulary for their emotions.
- Use upsets as opportunities to learn about feelings, expectations, and communication.
- Notice a child sharing or showing concern for others.
- Hold class meetings.



# Practical Application

## EMOTIONS, DISCIPLINE AND THE GROWTH OF EMPATHY

- Use authoritative discipline.
- Address name-calling.
- When a child hurts another child intentionally, require restitution.
- Separate the child from his/her behavior.
- Provide the consistency necessary for children to feel secure in their environment.

